

# Lily Health and Wellness Center

**Phone:** 240-425-4487

**Fax:** 240-425-4255

**Email:** admin@lilyhealthmd.com

---

## Medication Management Policy

Lily Health and Wellness Center is committed to maintaining a safe, effective, and clinically sound medication management system based on **evidence-based practices** and individualized, patient-centered care.

This policy outlines requirements and expectations for patients receiving medication management services.

---

## Coordination of Care and Release of Information (ROI)

All medication management patients are required to complete a **Release of Information (ROI)** for any outside medical provider involved in their care. This allows for appropriate coordination, continuity, and safety of treatment.

- The ROI form is available on our website under **Online Forms** and titled **Patient Document Release Form**.
  - The form may be completed and submitted electronically through the website.
- 

## Transfer of Care From Another Provider

Patients transferring medication management care from another practice are required to request that **records from their previous provider**, including the **most recent three (3) visit notes**, be faxed directly to Lily Health and Wellness Center **prior to the initial appointment**.

Medication continuation cannot be guaranteed without receipt and review of appropriate clinical documentation.

---

## Laboratory Testing Requirements

As part of safe prescribing practices, all patients receiving medication management will be required to complete **baseline laboratory testing** following their initial appointment. Initial laboratory orders typically include:

- Complete Blood Count (CBC) with differential

- Comprehensive Metabolic Panel (CMP-14)
- Thyroid panel
- Lipid profile
- Beta-hCG quantitative test (for patients with pregnancy potential)
- Vitamin D level
- Vitamin B12 level
- Toxicology screen via blood testing

Depending on the specific medication prescribed and individual clinical needs, **ongoing or additional laboratory monitoring** may be required throughout the course of treatment. These requirements will be discussed with the patient by the prescribing provider.

All laboratory orders are placed electronically and may be completed at **LabCorp or Quest Diagnostics** locations, based on patient convenience.

---

### **Lost or Stolen Medications**

The loss of prescription medications—particularly controlled substances—raises significant clinical and safety concerns. Patients are responsible for ensuring that all medications are **stored securely** and protected from loss or theft.

- Any reported lost or stolen medication will require a **police report**.
- Replacement of medications is **not guaranteed** and is subject to insurance approval and clinical discretion.
- Lily Health and Wellness Center providers cannot override insurance decisions regarding medication replacement.

Our staff will assist patients with guidance and next steps should this situation occur.

---

### **Commitment to Quality Care**

Lily Health and Wellness Center continuously monitors and updates individualized treatment plans to ensure care aligns with best practice standards. All services are documented in accordance with professional, ethical, and regulatory requirements.

---

### **Acknowledgment and Signature**

By signing below, I acknowledge that I have read, understand, and agree to comply with the Medication Management Policy outlined above.

**Patient Name (Last, First):** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_