

Lily Health and Wellness Center

Phone: 240-425-4487

Fax: 240-425-4255

Email: admin@lilyhealthmd.com

Controlled Medication Policy

This policy outlines the requirements and conditions for patients who are prescribed **controlled substances** at Lily Health and Wellness Center Telepsychiatry. These medications may be used in the treatment of conditions such as anxiety disorders and attention-deficit disorders, when clinically appropriate.

All patients (including parents or legal guardians, when applicable) must review and sign the **Controlled Medication Agreement** prior to receiving any controlled substance prescriptions.

Policy Overview

Patients who are deemed eligible for treatment with controlled substances agree to the following conditions:

- Patients may be required to participate in **random drug screening and/or pill counts** at any time during treatment.
 - If notified, patients must comply with a same-day pill count or drug screen and present by **5:00 PM** on the day of notification. Failure to comply may result in discontinuation of controlled substance treatment.
 - Patients are permitted to use **no more than two (2) designated pharmacies** for filling controlled substance prescriptions.
 - Patients must comply with all drug screening procedures for the duration of treatment.
 - Patients may be directed to complete an **unannounced drug screen at any LabCorp location**.
 - Patients will have **72 hours** from notification to complete required urine or blood testing at a LabCorp facility.
 - Failure to complete required testing within the designated timeframe may result in a **50% reduction of the current medication dose**. (Example: a 10 mg daily dose may be reduced to 5 mg daily.)
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Drug Screen Results Policy

Positive Drug Screen Results

- If a drug screen is positive for **illicit substances** (including but not limited to methamphetamines, THC, cocaine, ecstasy) or for **non-prescribed medications**, the patient may be immediately discontinued from receiving controlled substances at Lily Health and Wellness Center.
- If clinical assessment indicates a risk of withdrawal, a **one-time 30-day supply** may be provided to allow safe transition of care.
- Following discontinuation, the patient will be responsible for securing an alternative psychiatric provider for controlled substance management.
- Patients may continue care at Lily Health and Wellness Center for **non-controlled medication treatment**, at the provider's discretion.

Negative Drug Screen Results for Prescribed Medications

- If drug screening indicates the absence of prescribed controlled medications that are expected to be present, the patient will be discontinued from receiving controlled substances.

Acknowledgment and Agreement

By signing below, I acknowledge that I have read, understand, and agree to comply with the Controlled Medication Policy outlined above.

Patient Name (Last, First): _____

Patient Signature: _____

Date: _____